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Caroline McCready is the author of Lucid Dreaming, Plain and Simple (4.50 avg rating, 14 ratings, 3 reviews, published 2015) Caroline McCready Author profile

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The book Lucid Dreaming, Gateway to the Inner Self, by Robert Waggoner, Lucid Dreaming Plain and Simple, (Jan. 2015). Also in Kindle, Audiobook, MP3 and iTunes.

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Aimed at beginners, Lucid Dreaming, Plain and Simple shows the listener how to enter and fully  
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### **About @ caroline mccready**

Caroline McCready. HOME; Caroline is the co-author of Lucid Dreaming Plain and Simple: Tips and  
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Jan 18, 2015 1. What was your prime inspiration and motivation for creating your book, 'Lucid  
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