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Rymaruk**

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Joyner, Donald B., Uechi Ryu Karate-Do Student Guide and Handbook Rymaruk, Ihor, Karate: A Master's Secrets of Uechi-ryu, Iron Arm International: 2004.

### **Uechi-ry - wikipedia, the free encyclopedia**

Uechi-ryu ( , Uechi-ry is a traditional style of Okinawan karate. Uechi-ry means "Style of and popularized by Kanbun Uechi's son, Kanei Uechi. [5

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found in the isshin-ryu, goju-ryu and uechi-ryu As East Coast uechi-ryu karate master and author Ihor Rymaruk commented regarding our understanding of

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### **George mattson | the mattson academy of uechi- ryu**

Rymaruk, Ihor. Karate: A Master s Secrets of Uechi-Ryu. ^ Mattson, George E., The Way of Karate, Tuttle Publishing, 1958 Uechi-Ryu Butokukai web site

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### **Ihor rymaruk (author of karate)**

Ihor Rymaruk is the author of Karate (5.00 avg rating, 1 rating, 0 reviews, published 2004), Diva Obyda (0.0 avg rating, Ihor Rymaruk s Followers (1)

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